

" I didn't have the ability to sit still or the motivation to study. Music allowed me to experiment and express myself."

James, 17, cellist and music student

"In Syria, I had family, friends and everything. When I moved to the UK I had to make a new life. Beatboxing filled that gap for me."

> Naeim, AKA Madz, 25, musician

"I started my radio show to bring a different outlook to my college."

Jade, 21, DJ, podcaster and radio presenter

Music lessons, clubs and groups

Play an instrument, sing and create music

Perform and share your music

Go to live performances

WHERE COULD MUSSIC TAKE YOU?



Many musical activities are available for free or with financial support. "Music has made me the person I am today: it helped with my confidence and leadership skills."

Emily, 21, scientist

Speak to your music teacher

Take qualifications in music

A career in music or the creative industry

and discover what you can get involved in, and what help you can get to make music.

The government published **The Power of Music to Change Lives** – The National Plan for Music Education – in 2022 to help all young people have a brilliant music education, regardless of where you are in the country or your background.